



SCOTTISH BORDERS WALKING FESTIVAL

GALASHIELS & STOW
4TH - 10TH SEPTEMBER 2022

Monday 5th September

WALK 2.5 Lauder Common

Description: An undulating circular loop around Lauder Common, the upland grazing land between Stow and Lauder. The elevation gives great views over the surrounding countryside. The route will take in some historical locations spanning from the Bronze Age to WWII with a sprinkling of folklore! Terrain - grass tracks, rough in places

Date: Monday 5th September 2022

Grading: Moderate

Starts from: Lauder Common south side of road car park between pylons and cattle grid. NT509471

Depart: Check in 13.40/ Dep. 14.00/ Ret. 17.30

Distance: 5 miles/8kms

Ascent: 500ft / 150m

Duration: 3hrs 30mins **Cost:** £8.00

Group: Stow Community Trust

Transport: No **Max Nos.:** 12

Lunch / Boots: Boots

5ml
8km

Tuesday 6th September

WALK 3.6 Stow, Darnick, Abbotsford Walk It Tuesday

Description: Join Stow Walk It or Darnick or Abbotsford or other Walk It walks on Tuesday. Contact details on Walk It web page. www.scotborders.gov.uk/WalkIt

Date: Tuesday 6th September 2022

Grading: Easy

Starts from: Various **Tues 6th - Walk It**
Depart: Various **lunchtime walk, meet**
Distance: 2-3 miles **at Stow Station at**
Ascent: Minimal **12.30pm, and/or Stitch**
Duration: 1-2 hours **and Chat in the Station**
Group: Stow Community Trust / Walk It **house from 2pm**

Cost: Free

Transport: No

Max Nos.: 25

Lunch / Boots: No

2-3ml
3-5km

Thursday 8th September

WALK 5.2 Galawater Valley

Description: An undulating circular loop around the northern Galawater Valley, with fantastic views over Wedale then in the valley for the return leg. We'll walk down through some of the many different land uses around Stow and highlight the work to reduce or improve environmental impact both past and present.

Date: Thursday 8th September 2022

Grading: Moderate

Starts from: Stow Station House at Railway Station, Stow TD1 2SH

Depart: Check in 9.30/ Dep. 10.00/ Ret. 15.00

Distance: 8 miles/ 13.5kms

Ascent: 870ft / 256m

Duration: 5hrs **Cost:** £8.00

Group: Stow Community Trust

Transport: No **Max Nos.:** 25

Lunch / Boots: Lunch / Boots

8ml
13.5km

Stow and Galashiels are hosting the 27th Scottish Borders Walking Festival from the 4th-10th September. A number of walks have been organised by Stow Community Trust. Why not join us? Or explore walking routes further afield. For full details of all the routes and tickets, go to www.galawalk.co.uk

Friday 9th September

WALK 6.4 Stow Heritage

Description: Exploring the medieval heritage of Stow. Learn about the historical sites you visit along the walk, including St. Mary's Well. Terrain: pavement, grass paths and fields. Walk will end at Stow Archive, Stow Town Hall.

Date: Friday 9th September 2022

Grading: Easy

Starts from: Stow Station House at Railway Station, Stow TD1 2SH

Depart: Check in 13.40/ Dep. 14.00/ Ret. 16.30

Distance: 2.5 miles/ 4kms

Ascent: Minimal

Duration: 2hrs 30mins **Cost:** £8.00

Group: Stow Community Trust

Transport: No **Max Nos.:** 20

Lunch / Boots: No

2.5ml
4km

Saturday 10th September

WALK 7.3 Stow to Galashiels

Description: Following in the footsteps of the drovers, this peaceful route from Stow to Galashiels takes in the sights and sounds of the Borders landscape. Terrain: grass, paths, tarmac and tracks.

Date: Saturday 10th September 2022

Grading: Strenuous

Starts from: Stow Station House at Railway Station, Stow TD1 2SH

Depart: Check in 09.30/ Dep. 10.00/ Return to Focus Centre 15.30

Distance: 8 miles/ 14kms

Ascent: 1100ft / 330m

Duration: 5hrs 30mins **Cost:** £8.00

Group: Stow Community Trust

Transport: No **Max Nos.:** 12

Lunch / Boots: Lunch / Boots

8ml
14km



STOW'S OWN GET ON THEIR BIKES...

At the end of May, two Stow residents, Maurizio Carlino-Racket and Andrew Howett, took part in the 24hr Mountain Bike World Championship in the hills above Finale Ligure in northern Italy. This is very much as it sounds, the winner is the person who can ride the furthest in 24hrs, simple...

The two were very much at opposite ends of the spectrum in terms of experience. Maurizio had launched himself in at the deep end, this was his first ever 24hr race, never having gone longer than 16hrs before. Andy was heading into it as the defending singlespeed world champion (a race within a race for bikes with only one gear, as if racing for 24hrs wasn't hard enough already!).

The course was a perfect mixture of narrow rocky cliff top trails with fantastic views down to the Mediterranean and tight, twisty forest singletracks. It was nice and warm/stifling hot (delete according to preference) at 37°C during the day, down to 24°C overnight. With 163 competitors from 19 different countries, there was the usual Italian festival atmosphere. The event has often been described as 'a massive party, only briefly interrupted by a bike race'.

Maurizio put in a very credible effort, completing 15 laps in 24h32m14s, earning himself fifth place in his age group.

Andy had a race-long battle with local favourite Mario Ginevro, German Luther Herbert and Italian/Brit Julian Jones, the lead changing hands half a dozen times. He was eventually forced to settle for a close second behind Mario after 20 laps in 24hr05m21s.

Both would like to say a very big thank you to Peter and Tania Nadin for all their help.

Next year the race takes place at Armidale, New South Wales. Maurizio hopes to be mixing in with the front-runners now he knows what's what, and Andy wants his title back! But first is the UK National 24hr race at Kielder in October, fingers crossed for another sunny one.



Steeple woes

The storms of winter 2021/22 have left some lasting memories; one of these occurred in late January when the weather vane on the top of Stow Church steeple was seen to be leaning at a dangerous angle.

Immediate work to make this safe was authorised and a full survey by specialists K2 followed. An assessment of the work required to repair the steeple and weather vane recommended the vane's removal and re-anchoring. No mean feat considering its location!

The cost of the works came to over £22,000; luckily most of this was covered by insurance but the kirk session also approved a further £3,000 to remove vegetation in the tower and to clear the high level gutters and rhones – making good use of the scaffold.

Work has taken considerably longer than planned – days of high wind or rain during the early summer and the need to get approval at various stages significantly delayed matters. However, work has now reached the point of putting the stonework back in place so that progress should be clear to see and the landmark will soon be back in its former place. **F.S.**

Galawater Horticultural Society are hoping the area's keen gardeners will come along to a series of events they have organised for the coming months, the aim of which is to share knowledge about gardening and sustainability, discuss their own gardens with others, seek advice and swap plants and seeds.

Gardeners of Stow



The first event, on Thursday 29th September at 7pm in the Station House, is a talk by Bridget Bevan from Borders Ecoflowers entitled "Ecoflowers, what, why and how?"

If you would like to be informed of up-and-coming events please contact Anne on **07403 501 701** or email anne@dabjen.com

Gala Water History and Heritage

On Saturday 30th July, Gala Water History and Heritage Association held a walk and mini-exhibition based on Alistair Moore's memories of his childhood spent in Stow as a second world war evacuee. His experiences are written up in his wonderful book 'The comings and goings of a war evacuee'. Alistair passed away earlier in the year and the walk was a chance for his friends and family to remember his life in Stow and the happy time he spent here.

The walk and talk saw a group of over twenty-five people hear about Alistair's exploits in the village.

Evacuated as part of Operation Pied Piper, Alistair arrived in Stow with his sisters and brother on 2nd September 1939. The family had to be split up with Alistair's sisters settling at Stagehall while his brother went off to Symington and Alistair was billeted with the Harwoods at the foot of Earlston Road. This was a happy home full of good country food and Alistair was soon exploring Stow and Killochryett and making new friends.

The group started their walk at the Harwoods, moving on to visit Wedale House where apples were 'pinched', looked at the sites of the various old shops that Stow used to have, saw the Post Office where Alistair ran back and forth delivering telegrams, and the quiting green, haugh and river where he played. The group heard about games with the Boys Brigade too, where the best shop was for getting your sweetie ration and how Alistair got to know everyone in Stow from Geordie Easton, the rabbit catcher with his peg leg, to PC Smail, who turned a blind eye to those pinched apples.



Home Guard in Stow



VE Parade in Stow



Boys Brigade and Girl Guides on Remembrance Day (date unknown)

Back at the hall, there were teas and coffees while looking at the images further illustrating Alistair's time here and swapping more stories.

Most of those who came along were the friends and family of Alistair, but it was lovely to see some locals join in as well. All in all, a lovely afternoon that saw the GWHHA catch up with some old friends and make some new ones while remembering Alistair and his love for Stow.

P.S. The Gala Water History and Heritage Association is delighted to be leading the Stow Heritage trail on 9th Sept for the Scottish Borders Walking Festival (see p1).

Rail Update - New timetable finally on track

After an inauspicious start back in late May thanks to the train drivers' overtime ban, ScotRail's Fit for the Future timetable was eventually relaunched on 20 July. For the Borders Railway this meant a return to half-hourly trains during the daytime off-peak period, with all trains now stopping in Stow! The fly in the ointment is that the timetable is only on a trial basis (with no indication of how long it might last).

While it would be unrealistic to suggest that patronage at Stow will determine the future of the service as a whole, the half-hourly frequency and a £2.30 off-peak return (£1.50 with a railcard) makes the train a very attractive option for popping down to Galashiels. Mind you, it has to be said that there is already a reasonable level of usage between here and Gala, it's just that much of it isn't being recorded in ticket sales. A more rigorous checking of tickets (also between

Tweedbank and Gala) would certainly increase the 'bums on seats' count, even if the increase in fares revenue was relatively modest.

Make sure you check train times before travelling on www.scotrail.co.uk/plan-your-journey/timetables or download the scotrail app.

ScotRail have confirmed that they will be attending a public meeting in Stow later this year - no date fixed yet but it will be late October/early November. So watch out for notices!



STOW BOWLING CLUB: Looking good!



What a great bowling season we are having! The green is looking and playing well, the new seating area is looking amazing and the flowers this year are the best ever. Thanks goes to Hamish and his wife Sheena for all the pots we have outside the front of the clubhouse, the colours and the smells are intoxicating. Hamish puts in a lot of work throughout the year growing, planting, weeding and watering all the plants. They look fantastic, thank you Hamish.

This is the first year we have put out a ladies team for Stow. At the beginning of the season we were not sure if we could put out the required 8 players every Tues for the league matches, but we have! In fact, we have 11 keen players, which now makes it difficult picking the teams each week, as three have to be dropped. The men's league team have also done well this year, being moved last year up to a new division so far it looks like they have played well enough to stay there.



Sadly we have to mention the passing of Victor Crawford and George Melrose, both past players of the club. Victor was President of the club 50 years ago in 1972 and again in 1985 and 2001. Victor also put up a trophy called the 'Crawford Trophy' which can only be played by ex presidents of the club. This is played every year, so Vic will always be remembered. George was a very consistent player and often played 'lead' when the team played in league matches. When looking back in the archives, we found a picture of Vic and George winning the Floodlit Triple competition back in 2002. They were great characters and will be sadly missed.

EDF Longpark Wind Farm Community Fund Awards

The EDF Longpark Wind Farm Community Fund remains open for applications at <https://tinyurl.com/EDFLongparkFund>. Foundation Scotland has introduced new software which provides 'portals' for each applicant group once they've submitted an application, making the process simpler. Now progress can be checked at any point, core documents no longer need to be uploaded each time, and you can see when reports are due. Find out more at www.foundationScotland.org.uk/about-us/our-news/foundation-for-efficiency

The Fund continues to help community groups and projects. Recent grant awards include support for the Stow Pump Track, Baby and Toddler Group, repairs to the Pack Horse Bridge, Galawater Singers, and Walk Leaders First Aid Training.

➤ 03/10/2022



Stow Highland Dance School

It is with a heavy heart that I write to let you know there will be no Stow Highland Dance School after the summer. Life has taken me in a different direction during Covid and I have thought long and hard about my decision. I know it may upset many little people in the village but I need to do what is best for myself. I will be here, however, if anyone would like dancing lessons before a wedding/ceilidh and if the school needs me for some dance lessons, but I feel my Wednesday afternoons have come to a natural end.

Thank you to all the kids and parents/carers for their support since 2009 – you know who you are. We have had a blast and yes my Wednesday afternoon will never be the same but I have so many memories that will live on. Best wishes to you all.

AMANDA RUNCIMAN



FOUNTAINHALL SWI

It has been a busy time at the Women's Institute. In April, we enjoyed an interesting and entertaining talk about The General Store in Selkirk. May saw a fascinating demonstration by MB Bespoke Glass, with a lucky member winning the stunning glass panel created on the night. In June, we all went to The Cloudhouse for a fabulous meal.



Meetings begin again in September with a talk on Ceramics by local artist Belinda Glennon. October sees a Christmas decoration demonstration and in November we host our AGM and an Air Ambulance talk.

Our craft and chat group meets every first and third Tuesday of the month from 2-4pm at the station house in Stow.



New members and guests are always welcome. Meetings are the third Wednesday of the month at 7.30pm in the Fountainhall Village Hall. You can find us on Facebook too under Fountainhall SWI.



Stow Pipe Band did it again!

Stow Pipe Band has won Third place in the Scottish Pipe Band Championship. A massive achievement and congratulations! The pipe band put out a small group on 30 July at Dumbarton for the Scottish Championship. Due to holidays and illness, there were a few call offs near the time and the Pipe Major swithered about going at all, normally with such a small band i.e. 6 pipers and 6 drummers, it's impossible to get a prize. So it was a wonderful surprise to get third place.

In first place was the Royal Scots Dragoon Guards Pipes and Drums and in second place Edraeour Pitlochry and Blair Atholl Pipe Band. We were up against some big bands! It was a great day with 111 pipe bands playing throughout the day in various grades. The band sported their new sporrans purchased with a grant from the wind farm, they looked great.



There has also been a band wedding this year. Clare Ellis and Euan Craig met through the band some years ago and were married at Thirlestane Castle on 22 July. Both were playing at the Scottish Championship, and we have a lovely photo of the new Mr & Mrs Craig with the trophy, and only one week married!



Malawi Minister visits Parish of Stow and Heriot

We were very pleased to welcome Rev. Thomas Nyang'amah to our parish earlier this summer. Thomas is minister at our partnership Church of Luwatala. He took a history tour of Stow, visited the Sport's Week events and joined us for prayers and worship in both Stow and Heriot Churches.

Most of the Luwatala congregation are subsistence farmers that rely on what they can grow to feed their family. The increasing cost of fertiliser, required for a good yield of maize, will leave many in difficulty. During the visit, Thomas was given a farm tour by a local farming partnership that is exploring regenerative farming techniques and organic composting fertiliser alternatives. He also visited a local horticultural business www.air-pot.com, to learn about the advantages of developing good root systems for plant growth.

The partnership is now looking at building on these knowledge collaborations – a fruit of God's Glory! For more information email: ehartswood@gmail.com

We are still looking for a tenant/operator for the Station House in

Stow. We've had interest but given the challenges of the hospitality sector at the moment, many individuals and businesses aren't looking to start or expand. We are confident that we will find the right person though and your help to spread the word about this amazing opportunity is greatly appreciated - please spread the word! Of course, the Station House continues to be available for hire for community groups, parties, business meetings and training sessions all at very reasonable prices! We've got great wifi now which is a big plus too! Please get in touch via stowcommunitytrust@outlook.com

■ Thanks to everyone who completed the community questionnaire - we've had an incredible response and are currently crunching the numbers and analysing your feedback. The questionnaire was just the start though and we will be arranging meetings to let you know the outcomes and get your views about the priorities for our Community Action Plan.

■ SCT are working with a group who are interested in setting up a Community Shed. We've already been on a visit to the Shed in Gala which is helping to shape thinking on what would work for us. If you are interested in being involved or finding out more, please get in touch! And, if you want to find out about the Shed movement, here's a great website to give you a flavour of the art of the possible - our Shed will be open to all, not just men! : Home - (menssheds.org.uk)

■ We are always keen to have more members of Stow Community Trust and if you are interested, please email stowcommunitytrust@outlook.com. By being a member, you find out what is happening and keeps you connected - and it's free!!

STOW COMMUNITY COUNCIL – Autumn 2022

The Parish of Stow Community Council covers both Stow and Fountainhall.

■ We have been raising the same subjects for years. Speeding in Stow, the need for a 40 mph speed limit at Galabank, public toilets in Stow, the Cotland Steps, Stow Town Hall to name a few. We are investigating installing a radar speed sign on the road from Lauder. Cllr Jardine is taking up the issue of Stow Town Hall with Live Borders (no caretaker means groups have to open the Hall themselves) as well as the situation with Stow Toilets.

■ The Windfarm Panel agreed to continue funding the Stow Community Council Hardship Fund. (up to £150 payable - please contact Jenny Mushlin).

■ We would like to thank everyone working for the community such as planting the planters and clearing round the War Memorial, as well as the newsletter team. The windfarm is funding Robin MacMillan's work on the Collection Bridge. Work is also shortly starting on the Jubilee viewing platform and drystone bench on the back road just above Stow.

■ Concern has been raised at the proposed planting close to Lauder Common which will be 75% sitka spruce and 25% mixed woodland. This is outside our area, but we will co-sign any letter of objection by Lauderdale Community Council.

■ Robin Smith attended our August meeting to update us on the tree felling at Watherston. Two different hauliers from last year will be bringing up to 10 loads per day through Fountainhall to the A7. This is expected to last until November. Any problems with this, please contact Jenny Mushlin

■ The situation with the X95 has deteriorated further. Without advance notice, the service was cut again. Cllr Steel is taking this up. We have been campaigning to improve the service jointly with Heriot Community Council for a long time. Anyone adversely affected by the changes, please contact: jjmushlin@gmail.com or tel: **01578 760297** for more details.





SUMMER IN STOW

This was the summer we were all out and about again, and a great time was had by all!

The sun shone over Sports Week (well some of it), Stowed Out, bike rides and walks around the village.

And the Ladies Bowling team looking very smart in their new shirts!



We're all aboard...

A FULL TIMETABLE...

The summer term was full of local, national and international events, collaborations and achievements. It was also time to say goodbye to P7 children as well as two team staff members who were deployed elsewhere.

■ The ethos within the school continued to reap recognition. It was fantastic to see Stow used as a case study in the international publication, OECD. Big Picture Thinking: How to educate the whole person for an interconnected world, offers research-informed, actionable principles and international case studies that policymakers, leaders and educators can use to support equitable, effective global and intercultural competence education.

■ The Disrupters Week and Community Food Growing Project both won awards at The Primary Awards for Green Education in Schools. These awards reward the promotion of sustainable development and raising awareness of climate change.

■ Stow PS continued to work with the local community and many events returned after the lifting of COVID restrictions. This included the community café, the Braw Lad and Lass events and Sports Day. For most families this was the first time they had been into the school in over two years. Children had their say on the future of the community through the Community Survey. Outdoor learning day saw children taking part in a river clean and a community litter pick.



the learning curve



The 'class of '22' get ready to cut their graduation cake on the last day before the summer holidays – and High School!



Two of the Stow Disrupters explain their work at the Inspire Learning Festival

■ Isabelle Mack received the first Excel Vending Disrupter Award for her passionate writing and encouraging others to live a more sustainable life. It is hoped that this will be an annual award.

■ The children were involved in the Inspire Learning Festival where they explained how they use technology and how it is intrinsically linked & embedded to LfS. As always, they did an outstanding job of demonstrating their skills and articulating their learning to a wide audience.

■ The school joined their partner school in Mumbai, for International Yoga Day and met the author Ellie Linden who has been a follower of Stow PS. They discussed writing and gave her some ideas for her next book. The children took part in an interactive workshop on the circular economy, learning how this is vital for the future sustainability of the planet. All of these opportunities give children the opportunity to learn new skills and gain confidence while building relationships and understanding the importance of thinking globally and acting locally.

■ However, the news that two members of the staffing team would be redeployed elsewhere, was met with great sadness and disbelief. A community/staff/ Parent Council event was held in the Station House to recognise all their incredible work and support. Their work always went above and beyond, contributing greatly to the positive outcomes for the children they taught. Debbie Matthewson returns to her role of Principal Teacher in the new school year, having been Acting Head Teacher due to Susan Anderson's absence last term.

ACTIVITIES WANTED!



image: www.jamesswinthorn.co.uk

We are exploring different ways of using Fountainhall Village Hall. The Committee organises activities, but feedback would be helpful on how people want to use our lovely space over the winter months. One idea is a monthly book club. Galashiels Library will provide books for everyone who is a library member. Joining is easy. Anyone interested, or who has ideas for other activities, please contact Jenny tel: **01578 760297** Email: jjmushlin@gmail.com, or let us know via our facebook pages. We would love to have lots on for the community this winter.

■ New Age Kurling - 9.30am-11.30am every Tuesday morning. Suitable for all abilities, including seated. £3 (includes tea/coffee biscuits) Please join us.

■ See Dates for your Diary on the back page for upcoming village hall events.

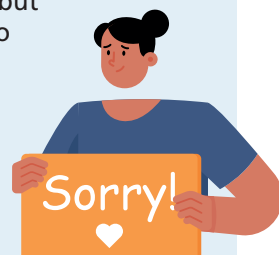
STOW HEALTH CENTRE NEWS



The COVID pandemic has had a huge impact on NHS services across the Board with longer waiting lists, increased demands on services and an ever increasing workload being passed to Primary Care as a consequence. We have been very fortunate at Stow and Lauder to have successfully recruited two new Partners during the pandemic, but we remain understaffed despite our best efforts to recruit a further GP to join our team. However, we continue to strive to provide a full service but please be aware that due to these shortages there may be longer waits for routine appointments. **Your understanding is appreciated.**

The Stow Dispensary opening hours are 0800 –1300 hrs and 1400-1800 hrs. Please allow four working days between ordering and collection. We are experiencing significant delivery issues at the moment, so please allow enough time for us to order in medication.

Fridays are a busy day in the Dispensary, so if you can avoid collection on a Friday, that would be a huge help.





Stow Cycle Hub is flourishing

The Sunday Community Bike Ride is now well established. It leaves the Cycle Hub every Sunday at 9:30am. Come and join us, as we go exploring the cycling routes around Stow. The cycling is relaxed, ebikes and peddle power welcome. The company is good and there is always a good café stop and friendly banter. Many regulars have built confidence cycling and we age 6 to 60 something!!

Our new e-bike membership gives the local community affordable access to ebikes. We now have two child seats, a two-child trailer and a tagalong to help you get up those hills on your family bike rides. These are also available for hire separately. If you haven't discovered the joys of an e-bike yet, do come along to the hub for a trial.

The workshop is busy with bike repairs for those who want their bikes fixed and with Fix Your Own Bike sessions to learn how to look after your bike. We also have a stock of refurbished bikes for sale at affordable prices.

In September, we plan to install two bike lockers at Fountainhall and have two bikes available for the local community. We are also looking to recruit more volunteers interested in undertaking Velotech qualifications in bike mechanics.

We're at the Station House and open Tues -Sat 10:00am - 4:00pm. If you want to take part in our activities or volunteer, contact us on [07984375817](tel:07984375817); email us at stow.cyclehub@gmail.com or find us on [Facebook](#).



NEW DAYS – Stow Baby and Toddlers group has restarted after the summer break on Thursday 18th August at the Town Hall. The group will now run on Wednesday and Thursday mornings, 9.30 till 11.30. No booking is required and just a £2 donation per family per session.

We have a large selection of toys and activities for young children along with a complimentary healthy snack. There is also tea and coffee for the parents and carers. *Hope to see you there!*

Just as the Heatwave arrived, so did Stow Summer Club! Two fun filled weeks including a sports day, pool party, fun at the river, den building and lots and lots of crafts! We received wonderful feedback from children and parents, a big thank you to our fantastic summer club manager Emily and her team! We'll see you all next year!

Stow Kids Club is open to all children aged between 4 and 11 years old. Our philosophy is to offer children a safe and fun environment where they can chill out after a hard day's work at school. We are based inside Stow Primary School so your children can come to us at the end of their school day. We try to spend as much time as possible outdoors. We are flexible, you can book, pending availability, at short notice,



just email us or leave a message with the school. Opening Hours (during term time): Monday – Thursday 3:15pm – 6:15pm. The club accepts both Tax-Free Childcare and most Childcare Vouchers for payment.

STOW COMMUNITY GARDEN

Wendy Ball has done it again: she has unleashed her creativity to produce a wonderful sculpture using salvaged roof tiles and a cast of a shell. Now there is even more to enjoy in our community garden apart from flowers and foliage and wildlife. Gillian Ramm is in the process of creating a mediterranean herb space in one of the planters, so watch out for that.



The garden is thriving and growing at an impressive rate. It might look messy at times but the whole ethos behind it is to grow a nature friendly place, free from pesticides and herbicides. It does require effort to maintain, therefore we would appreciate your help: if you can spare a little bit of your time, please join us most Sundays from 10 am or any time you fancy removing some weeds and clearing around shrubs and trees. For more information please contact Andrea at andrea.carlino@yahoo.co.uk or on [01578 730763](tel:01578730763)

Donations of plants, saplings, tools and seeds are always appreciated.

The team at the Stow Community Garden



Stow Village Planters

The Planters are now looking brilliant with annuals, perennials and herbs.

We have to thank Dave and Carol, Hazell and Peter, Pat and Sandy, Karen and Paul and anyone else we don't know

about for making Stow look so colourful and bright.

Please remember to send your invoices to the Community Council for reimbursement.

Stuart Jeffrey, Co-Chair, Parish of Stow Community Council

Staff Members: Andrea Carlino (Manager), Janice Currie.

■ **Stow Kids Club welcomes volunteers**, in particular young people wanting to do work experience for the Duke of Edinburgh award or to help them gain paid part-time employment. If you are interested, please get in touch.

NEW RATES: MEMBER RATE – TERM TIME
Registration Fee (due annually)– £15.00
Mon-Thurs sessions, £9.50 per child; £19.00 two children; £26.00 for three children in the same family

To qualify for member rates, you must commit to using Stow Kids Club at least twice per term.

NON-MEMBER RATES – TERM TIME
Mon-Thurs sessions: £13.00 per child; £26.00 two children; £39.00 for three children in the same family.

Remember the quiz questions of the Galawater History and Heritage Association in our last issue? Here are the answers! Hope you got them right!



1 - Who was Dr Calder?

Dr Edward Percy Calder of Stagehall Farm was noted for pioneering tuberculin milk and started its production in October 1920. After that, milk bottling became the sole method of milk delivery from producer to consumer eliminating handling and improving hygiene. The dairy herd at Stagehall was also improved, several visitors from Edinburgh and further afield visited to see the herd and milk production method.

2 - How old is the Auld Kirk?

Consecrated by Bishop David de Berham in 1242.

3 - Where is the bomb crater?

On 13 and 14 March 1941, the Luftwaffe bombed Clydebank. The town's production of ships and munitions for the Allies made it a prime target. All German bomber crews were commanded to release unused bombs to reduce the aircraft's loading on the way back. If prevented from hitting their intended target, they were instructed to drop their bombs on any other likely target, such as railway lines. On 13 March, a German bomber released his bomb over the Waverley line. He hit a turnip field outside Fountainhall, no one was hurt. The crater in the woods lies up the hill on the left hand side just off the back road to the north of Fountainhall.

4 - Where is the Viking buried?

The field on the left hand side of the A7, at the turning for Cortleferry. The battle of Brunanburh, also known as Vinheidi, is celebrated in the Icelandic Egil's saga. In 2017, a visitor from Iceland, Gudbrandur Jonsson, identified the battle site. The visitor was convinced that there lies the war grave of his ancestor, the Viking Thorolf. The battle of Brunanburh is one of the most significant battles of the British Isles as it more or less defined the border between Scotland and England, more significant to Scottish history than the battle of Hastings.

5 - Where did the Gypsy Moth land in 1931?

July 1931 a Gypsy Moth aeroplane landed at the haugh in Stow, piloted by Mrs Young of Stow. Amy Johnson had popularised flying among young women and also flew a Gypsy Moth. Mrs Young had flown from the Macmerry airfield to Stow in record time. She was an early member of the Edinburgh Flying Club, formed in 1934 and originally based at Macmerry.

6 - Which mythical king fought the battle of Guinon in the valley?

In 846, the Welsh monk Nennius, wrote about King Arthur who, some 300 years previously, had fought with an image of the Virgin and Child on his shield. Arthur was said to have received a vision before the battle of Guinon, in which the Virgin Mary promised victory to a Christian champion. Arthur won the battle and, according to local legend, built a chapel just south of Stow in Mary's honour beside the existing well of spring water.



Lauder Larder is an independent food bank located in Lauder, in the Byre next to the Leisure Centre. The shelves are stocked with non-perishable food items like soups, pasta & sauces, breakfast cereal, tea, coffee, toiletries, cleaning products, pet foods and much more. The service is open to all, including residents of Stow and Fountainhall, without referrals.

Lauder Larder is open Wednesdays 2-4pm & Sundays 10am -2pm. We have a Sunday delivery service to Stow and Fountainhall, call or email Jenny on **01578 760297** or jjmushlin@gmail.com or lauderlarder@outlook.co.uk, if you would like a delivery.

THE MOTTO IS :

WE ARE OPEN FOR EVERYONE

Fancy a brew?

Stow Brewery's first Station House Beer Session got off to a flying start on 20 August. Follow their facebook page for future dates.

It also saw the lads launching their new gin, 'Wildfire' – now on sale at Stow Post Office.



DHU BREW
BY STOW BREWERY

spotlight
on

Having a well deserved
SUMMER BREAK!
Back in the next issue

DATES FOR YOUR DIARY

September / October / November 2022

4-10 Sept	Scottish Borders Walking Festival	All Week	See front page for programme
5 Sept	Parish of Stow Community Council	8pm	zoom - contact J.Mushlin for link
6 Sept	GWHHA Café Sessions	10.30am	Cloudhouse Café
5 Sept	Parish of Stow Community Council	8pm	zoom
21 Sept	Fountainhall SWI Ceramics, Belinda Glenon	7.30pm	Fountainhall Village Hall
29 Sept	Galawater Horticultural Society talk Eco flowers - What, why and how?	7pm	Stow Station House
28 Sept	AGM Fountainhall Village Hall	7.30pm	Fountainhall Village Hall
1 Oct	Quiz Night	7.30pm	Fountainhall Village Hall
3 Oct	Parish of Stow Community Council	8pm	zoom - contact J.Mushlin for link
4 Oct	GWHHA Café Sessions	10.30am	Cloudhouse Café
7 Oct	GWHHA Friends Event	7-9pm	Stow Town Hall
8 Oct	GWHHA Annual Exhibition 'Growing up in the Gala Water Valley'	1.30-3.30	Stow Town Hall
19 Oct	Fountainhall SWI Christmas Decorations	7.30pm	Fountainhall Village Hall
1 Nov	GWHHA Café Sessions	10.30am	Cloudhouse Café
7 Nov	Parish of Stow Community Council	8pm	zoom - contact J.Mushlin for link
16 Nov	Fountainhall SWI AGM and Air Ambulance	7.30pm	Fountainhall Village Hall
5 Dec	Parish of Stow Community Council	8pm	zoom - contact J.Mushlin for link
6 Dec	GWHHA Café Sessions	10.30am	Cloudhouse Café
11 Dec	Galawater Singers Christmas Concert	3pm	Stow Church
13 Dec	Carol singing around Heriot		TBC
14 Dec	Fountainhall SWI Christmas Party	7.30pm	Fountainhall Village Hall
20 Dec	Carol Singing around Stow		TBC

To be included in next issue's 'Dates for your Diary' contact galawaternewsletter@gmail.com at least 1 month prior to print.