

! STOP PRESS ! STOP PRESS ! STOP PRESS ! STOP PRESS ! STOP PRESS !

Oh, the *potential!*

Stow Community Trust has started the process of buying the derelict Royal Hotel site. This is the first step on the long journey to develop the site. We'll be asking for your views and ideas for the site, so look out for consultation dates that will be set up over the next few weeks.



! STOP PRESS ! STOP PRESS ! STOP PRESS ! STOP PRESS ! STOP PRESS !



PANORAMA OF STOW from the new Jubilee bench and platform



The community has a wonderful new seating area created to commemorate the Platinum Jubilee of the late Queen Elizabeth II. It's on the back road to Fountainhall up on the left hand side. The land has been kindly gifted to the village by Nigel Miller, from Stagehall Farm. The work has been funded by a SSE Toddleburn Community Fund grant. The impressive drystone and paved area was constructed by Neil Moffat with Daren Lothian, after the site was prepared by Billy McQuat. The history of the wonderful Stow and Killochyett vista before you, can be found in walks leaflets 1 (Stow) and 5 (Killochyett). The project was organised by the walks group of Stow Community Council. It really is worth a visit!

P.S. The herons formerly nesting in the larch trees on the site have relocated to the deciduous trees next door.

Alan McNeilly

Local spinner top of the class at the Royal Highland Show

At this year's RHS, local amateur spinner Laura Baigrie from Stow, was awarded the Jean Parker Prize for Best Exhibit of 2-ply handspun, extra fine, Shetland Yarn for lace knitting. She was also placed first in that category. It was the first time Laura entered the show, with encouragement from her fellow members of the Edinburgh Guild of Weavers, Spinners and Dyers.

Laura has been spinning for nearly ten years. In the last few years, she has moved into preparing her fibres from raw fleece, sourced mostly from (also RHS-award-winning!) Allanshaws.



The winning skein, however, was spun from fleece produced by sheep reared by Stewart Runciman. These sheep produce fibre with a moderate, crisp crimp and short staple length, ideal for carding and spinning with a woollen long-draw. Laura is currently working on a thicker yarn from the same fleece, intended to be turned into a hat.

For any established or budding spinners/weavers/dyers - the following websites of nearby branches of the Guild of Weavers, Spinners and Dyers might be of interest.

Tweed Guild: www.wsd.org.uk/guilds/tweed/
Edinburgh Guild: <https://www.ewsd.org.uk/>

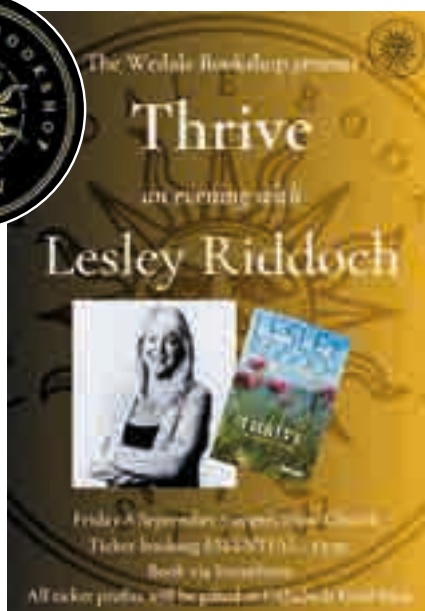


Upcoming Bookshop Events

The Wedale Bookshop opened its doors for the first time on Good Friday. The support we have received from the community of the Galawater Valley and beyond has been astonishingwith a band of regulars visiting us from Darnick, Lauder, Oxton, Melrose and Edinburgh! We're very grateful for every single purchase - each one makes a huge difference - and are delighted to offer a new venue for people to visit. Our wee children's rooms have been a great hit!

We have now opened up two book club nights due to demand and have begun to develop a number of events.

Award-winning author and broadcaster Lesley Riddoch and former Stow resident and best-selling writer Dr Kerri Andrews will both be with us for two very different events. Look out for something spooky around Hallowe'en too!



Thrive: an evening with Lesley Riddoch.
Friday 8th September, 7pm, Stow Church.
Ticket (booking **essential**) £3.50. Book via
Eventbrite.co.uk.

Way Makers: Kerri Andrews in conversation.
Saturday 16th September, 7.00-8.30pm. Free
event. Booking **essential** through Wedale
Bookshop on Eventbrite.co.uk

FOUNTAINHALL SWI

Instead of our usual summer outing/meal out, members enjoyed a lovely 'evening in.' Everyone contributed to a delicious buffet, and to round the evening off, we sang a few Scottish songs.

Our sessions continue at 7.30pm in Fountainhall Village Hall on September 20th, with a floral art demonstration by Alison Blackadder. On October 18th, there will be a Christmas Craft Workshop with Rosie Carmichael. November 15th will be our AGM as well as a talk on her Arctic Odyssey by our Treasurer, Dorothy Small.

New members and visitors are always warmly welcomed. Please feel free to contact our President, Dianne on 01896 668381 if you'd like more information.

Don't forget there is also Craft and Chat on the first and third Tuesday of each month in Stow Station House from 2 until 4 pm. The sessions start again on September 5th and are open to non-SWI members, we look forward to welcoming everyone. You don't have to be skilled in any particular craft, but members help each other with tricky patterns, methods, etc. Some just come for the coffee and chat, which is great. The meeting on 19th September will feature a visit by Susie Finlayson who will bring the latest panel to be worked on for The Great Tapestry of Scotland. Why not come along and make history by adding a stitch or two?



Stow and District Pensioners Association Summer Outing



The Galawater Photography Group is back!
The Galawater Photography Group is excited to announce its re-launch. Come and join us!

Whether you take photos on your phone or the fanciest camera ever, we would love to have you with us. Come and check us out!

The Station House, Stow. The engine room. Friday 18 September at 7.30 p.m. All welcome

Stow and District Pensioners went on their summer bus trip to St Andrews in June. They stopped at Craigie's Farm Shop & cafe near South Queensferry for coffee before travelling on up through central Fife and on to St Andrews.

A dry afternoon allowed everyone to explore the beach, the shops and many of the beautiful parks and buildings. The journey home was back down the east coast of Fife to the Victoria Hotel in Kirkcaldy.

The most delicious high tea was enjoyed by all and served by wonderful staff.

We are very much looking forward to our... **AFTERNOON TEA in Stow Town Hall on 10 Sept at 2.30pm with Louise Steele doing the catering.** All members are welcome (or join on the day).

■ Contact Dorothy Riddell **07710 017120** or Wilma Lofthouse **07749 925088**

Pickups4Peace is a Scottish based charity, delivering pickup trucks and 4WD vehicles filled with supplies to Ukraine. To date, 173 pickups have been successfully delivered. They are essential for the Ukrainian army due to the destruction of many roads around the 600-mile-long front line with Russia. The vehicles are used to transport wounded soldiers as well as supplies to the front. They are filled with essential supplies, specifically requested by the regiments, from bandages, generators, chainsaws, tyres and Jerry cans to defibrillators and medical supplies.

Fountainhall girl Georgie Nisbet (21), fundraised and made the trip in June, delivering a vehicle donated by a farmer from the Borders. This is her report.

"After a two-day drive, we made it to Lviv. I will never forget the look of profound gratitude on the faces of the soldiers as my co-driver and I handed over the keys to our vehicle.

"For the first time in my life, I witnessed what charity donating and volunteering can do. I won't see where these pickups end up, and how they manage on the front line. What I did see, however, was a photo from one of the soldiers of the conditions he had been living in near the front. A half-collapsed room, rubble on the floor, and a sleeping bag on the ground. War is not pretty.

"On my final day, we went to the war cemetery in the centre of Lviv where city residents killed in the conflict are buried. This was the most poignant visit.



"Some of the graves showed photos of the dead in their military attire, but there were many pictures of loved ones in their normal life, their pre-war life, reflecting the desperate sadness which has been cast over this beautiful city and its people. As we returned to the bus, the concrete square with its permanent stage for funerals began to fill up. Three hearses arrived, carrying the bodies of three young men, killed between the day we left Scotland, and the day we reached Lviv.

"It was hard to appreciate the beauty of the city afterwards and continue our way like tourists after what we had witnessed. I saw families raw with grief, ripped apart. Girls my age who had lost a brother, a father, a partner, a friend. It didn't feel right to be sharing this place with them. I had absolutely no idea how to relate to what they had endured and what they continue to endure.

"That evening we experienced real Ukrainian hospitality, talking long into the night about the conflict and its effect on life and lives. I sat next to a girl from Kyiv, 21 like me. She poured me a glass of vodka and toasted us. I asked her if she was okay. "Of course " she replied "what else can you do?"

"In June, when we went to Lviv, the cemetery was half full. The July convoy reported back that the green grass we had stood upon, was now covered by fresh graves."

The war and the missions continue. You can support Pickups4peace at www.justgiving.com/pickupsforpeace

The joy of reading comes to Mpata Primary School

Our Luwatala Parish Partnership recently received a request to build a library in Malawi. This was a bit daunting as it did not seem to be an easy challenge by any means! The children in Mpata School do not have a supply of books. Learning is by the blackboard, repetition and memory.

Enquiries were made to find a potential source of funding, but there were many bureaucratic hurdles: not just a purpose built room was required but a qualified librarian paid to run it: and that was before any books could be delivered! At this point, anything that seems too large to tackle, just needs to be handed over to the Lord in prayer.

Soon after, we received a message from a librarian in Blantyre, whom we had previously been in contact with about our challenge. He announced that some books had been delivered by a different funder: 'Books for Africa' and there were not the same stringent requirements attached. If we could fund the transport costs and joining fee for the National Library, he would set aside the books for Mpata. We are delighted to say that about 200 books have now been delivered and Mpata has assigned a teacher to be part-time librarian. Children are discovering the joy of



opening a book and learning from the written word.

There are about 400 children in the school, so its library is starting small. We thank the parents and friends of Heriot School who have given support



to this project to help build the first bookshelves, which will be the first furniture for the classroom. And we thank the Lord, who is always at work.

ehartswood@gmail.com

EDF Longpark Wind Farm Community Fund Awards

EDF Longpark and SSE Toddleburn Application Deadlines for 2023 ➤ 25/09/2023

JUST TWO WEEKS TO GO BEFORE THE LAST EDF LONGPARK AND SSE TODDLERBURN APPLICATION DEADLINE OF 2023!

This year's final deadline for applications to The EDF Longpark Wind Farm Community Fund and SSE Toddleburn Fund is fast approaching. Applications will close on the 25th of September, so if your group or project is considering making an application it's time to get writing. Applications for between £300 - £10,000 can be made via Foundation Scotland <https://tinyurl.com/EDFLongparkFund> or SSE <https://bit.ly/ToddleburnStow>. Applications of more than £10,000 are possible through the SSE Toddleburn Fund, and we suggest that you contact the Community Investment Manager to discuss

larger projects before applying. Funding can support a range of activities, from one-off events to regular services, decisions will be made by the last week in November. For more information on eligibility please see the links above.

Considerations on applications to both funds are made by The Parish of Stow Community Funds Panel. If you think you might be interested in joining the panel, and supporting the decision-making process, you can contact Maggie for more information maggie.bws@btinternet.com



Stow Baby and Toddlers Group is on every Tuesday and Wednesday mornings, 9.00 till 11.00 at Stow Town Hall.



No booking is required, just a £2 donation per family per session.

The group has a large selection of toys and activities for young children along with a complimentary healthy snack. There is also tea and coffee for the parents and carers.



The Gala Water Singing group starts again on Tuesday 29 August 2023 7pm - 9pm (and every Tuesday thereafter) in the Station House, Stow.

Everyone is welcome just come along and join in.

The Christmas Concert will be on Sunday 10 December in the afternoon - more details will follow in the next edition of the Newsletter.

Carol Singing around Stow will be on the evening of Tuesday, 12th of December - more details will follow in the next edition of the Newsletter.

STOW COMMUNITY COUNCIL – Autumn 2023

The Parish of Stow Community Council covers both Stow and Fountainhall.

■ **Community Speedwatch** – Stow Community Council is being considered for the Community Speedwatch Initiative by Scottish Borders Council but we need at least one more volunteer to participate. The Community Speedwatch involves a team of volunteers who record the speed of cars at a set place in Stow but never stop them. A minimum of four volunteers are needed. Teams of three work for an hour or two once a month at a place of their choice, initially with police support. Any resident can take part. Any driver found speeding would be sent a warning letter and those dangerously over the limit would be visited by the police and reprimanded. The



equipment, including speed gun, hi-vis clothing and signage will be provided. There will be an hour or two of training. This could help to reduce speeding in Stow, which has been one of our priorities for years.

■ **X95 Bus Service** – Stow Community Council joins forces with Heriot Community Council in a few areas. After a successful campaign and meeting with Borders Buses, the X95 is now on an hourly schedule Monday – Saturday and buses run later from Galashiels and Edinburgh. However, the service is still not sufficient for an evening out in either Galashiels or Edinburgh, so our work is not complete. There is a two hourly service on Sunday. Please note that the times

for all buses have changed. Please check the Border Buses App for the new bus times. Staff at Galashiels bus station will also print out bus timetables for anyone who requests one. Please use the hourly service. We are in a 'use it or lose it' situation.



■ **Hazelbank Quarry** – Work has restarted at Hazelbank Quarry which appears to us to be in breach of planning and is generating complaints from residents of both Fountainhall and Heriot. Stow and Heriot Community Council have taken the matter up jointly with SBC Enforcement and there is to be a meeting with SBC Officials and Councillors regarding this. There has been a joint objection submitted to Greystone Knowe Wind Farm which will have negative impacts on both Fountainhall and Heriot. Currently there is no further progress on this front. So far, permission has not been granted.

■ **Monthly Meetings** – All our meetings are open to all, either in person or on zoom. If you are interested in volunteering for Community Speedwatch or wish more information, please contact: Jenny Mushlin, Secretary, Parish of Stow Community Council.

Email: jjmushlin@gmail.com Tel : 01578 760297



Stow Cycle Hub had a busy summer despite the lack of sunshine at times! If you haven't popped in to the cycle hub before, please come in and see us.

The Cycle Hub is open Tuesday to Saturday 10 - 4. We employ a fully qualified (Velotech Platinum) Cycle Mechanic/ Hub Manager and have a volunteer board and many weekly helpers - thank you to Mechanic Scott, Mechanic Ewan, Ride Leader Steve, Trainer Jo and many others - without you we wouldn't be able to offer everything we do! We are really lucky to have you.

Weekly we offer:

- Fully Tooled Workshop - fix your own or book a service with our mechanic
- E-Bike Hire with the option for yearly membership £35 / year for discount hire (just £6 / half day)
- Tuesday Pedal Power Ride - aimed at acoustic bikes - leaving the hub at 11am
- Wednesday Morning Cycle for Health Group - Beginners E-bikes - Enquire at the hub to join this group
- Wednesday Evening Ride with Ride Leader Team - leaving the hub at 6pm (5-10 miles)
- Sunday Community Ride - leaving the hub 9.30am, rotation of short, medium and long rides (8-40 miles)

Rides are drop-in - no expectation to attend every week. If you haven't been on a bike for a few years, don't worry many of us have been there! So get in touch and we'll support you.



Stow Cycle Hub CIC



Over the summer some exciting highlights have included:

- Logo designed by Ralph from Stow Primary School! - T-shirts and Hoodies now available
- Duke of Edinburgh Award for our youth volunteer
- E-bikes now available to hire in Fountainhall and Lauder
- Cycling Scotland Ride Leader Qualifications and Cycling Scotland Cycle Trainer Qualifications for our volunteer teams
- Cycling Skills Sessions including water pistol jousting in Stow and Fountainhall - so far those aged 5-50ish have taken part! - more of these coming soon!

In the next few months we would like to begin to train absolute beginners (adults) on bikes, and offer confidence building sessions for parents/carers.

We plan to offer skills training for adults, including 1-to-1 sessions to build confidence helping you to cycle further! Keep an eye around Stow for posters or on our Facebook page or pop in and see us if this would interest you.

We would love some new volunteers if you are interested in volunteering in the workshop - training will be provided and another staff / volunteer will be there with you.

■ Stow Cycle Hub T-shirts and Hoodies are available in a colour of your choice from £10 for childrens and £20 for adults - pop in to order or email us for details.

■ Thanks to a number of donations, we also have reconditioned bikes for sale!



Contact us on **Facebook** or stow.cyclehub@gmail.com or call us on the Cycle Hub phone **07984 375817**

We're delighted that our new Community Development Officer, *Iain Goddard (pictured below)*, started working with us in June. Over the next three years, he will work with the Community Action Plan to support key projects that emerged from last year's community survey (visit www.stowhub.co.uk to find out more).

Having lived and worked in Stow for the past few years, Iain is a familiar face to many in the local area - you might have met him having lunch in the Cloudhouse café with his nephews, Mylo and Jago; heard him sing with the Gala Water Singers at a recent performance; or seen him whizz past with his father on their tandem bicycle! "I'm really looking forward to getting out and about to meet up with lots of different local people, businesses, and groups, to chat about their ideas and thoughts about improving our community" says Iain. You'll find him in the Station House every Tuesday and Wednesday from 10am-4pm, and he is always delighted to see folk - so do drop by!



As well as the huge number of meetings, parties and get togethers held in the Station House, we are now open EVERY Friday evening from 6-10pm for drinks and chats. Thanks to our bar volunteers, there's always a friendly welcome, come along and meet your friends and neighbours. If you would like to book for a party or meeting, please get in touch via our website. We will also be opening more evenings soon, so keep checking on Facebook and at noticeboards across the community.

The Cycle Hub is proving very popular with cyclists from our community and beyond, with organised rides every Wednesday evening and Sunday morning as well as amazing training on how to keep your bike in tip top condition! Call in and see our very talented bike mechanic, Stephen, who is always willing to help with your bike.

Remember to check out what's happening, go to the events calendar on Stowhub.co.uk

◀ **Community Development Worker, Iain Goddard**

Jazz in the Village

from Scotland



Ian Millar
saxophone
Dominic Spencer
piano

"Beautiful soaring magic! I was blown away by your show, just breathtaking!"

"...expect warm, intelligent, reflective, human music..."

FOUNTAINHALL VILLAGE HALL

Old Stage Road, Fountainhall TD1 2SY

Fri 29th Sept 8pm £12

tickets from **Stow Post Office**

Advance tickets to be collected at the door can be reserved at 01578 760297

www.millarandspencer.co.uk

ELECTIONS FOR STOW COMMUNITY COUNCIL COMING UP

YOUR COMMUNITY COUNCIL NEEDS YOU !!! Elections to Stow Community Council are due towards the end of this year. Our community council is constituted to include ten members for Stow and two for Fountainhall. No date has yet been arranged for nominations. Scottish Borders Council will organize the process and Cllr Fay Sinclair will be the Returning Officer. Details will be advertised closer to the time. Anyone interested in standing, should contact Jenny Mushlin, the current secretary.

To become a member of the community council, you have to be on the Electoral Register for either Stow or Fountainhall. If you are not yet on the Electoral Register and are interested in being on the Community Council, please register now. It is not your postal address that determines whether you come under Stow or Fountainhall, but which Electoral Register you are on.

Elections only take place if more than the constituted number of members stand. Otherwise community councillors are simply appointed.

The Parish of Stow Community Council is a statutory organisation and all members sign up to a Code of Conduct. For more information

about community councils, please visit Scottish Community Councils website.

We represent the residents of the Stow and Fountainhall area on a wide range of issues and we are completely apolitical. We are consulted on some planning applications. Some can be contentious and we have to listen carefully to the community. Three out of the four SBC Councillors for the Galashiels area come to the meetings and take up issues on our behalf. We receive consultation documents and a wide range of correspondence from many different sources. However, it is not about paperwork but about listening and being a strong voice for the area. It is interesting and rewarding but can be frustrating as many things do not get speedily resolved and come up time and time again.

Every year, we receive funding from the wind farms for microgrants of up to £300. We distribute this money as fairly and accessible as we can. We also have a hardship grant from the wind farms of up to £150, which is agreed in confidence between the four office bearers. Members can apply for large wind farm grants on behalf of the Community Council, with the agreement of all other members. This newsletter is among the projects funded by us through SSE. The Collection Bridge, which Robin MacMillan is currently working on, is another of our projects. The late Alistair Riddell achieved a great deal for the Auld Kirk. Other projects include the Paths leaflets, the 20mph Speed Signs and the Stow Layby. The new Jubilee bench is covered elsewhere in this newsletter.

Our meetings are on the first Monday of the month – the second Monday in January. There are no meetings in July. There is a zoom link for those unable to attend in person. Anyone who is interested is welcome to come to a meeting.

For more information, or to discuss anything further, please contact: Jenny Mushlin, Secretary, Parish of Stow Community Council.
Email: jjmushlin@gmail.com Tel : 01578 760297



CADDONFOOT HALL

(near Clovenfords)

presents, on

FRIDAY NOVEMBER 3RD

7.30pm (doors open at 7pm)

AN ILLUSTRATED TALK by Dr Malcolm Lindsay on Charles Lapworth, one of Britain's greatest geologists, who lived and worked as a schoolteacher in Galashiels from 1864 to 1875.

Tickets £3 includes refreshments.

FRIDAY DECEMBER 1st 7.30pm (doors open at 7pm)

'Wandering Willie'

a play based on a novel by Sir Walter Scott, presented by 'HotTrod' featuring local storyteller John Nicol.

Tickets £12 includes refreshments.

For information on any of these events please email Clare Macfarlane (hall secretary) - infocaddonfoot@btinternet.com

JOHN LAMONT MP



HERE TO HELP



25 High Street,
Hawick, TD9 9BU



john.lamont.mp@parliament.uk



01450 375948



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[@johnlamontmp](https://www.instagram.com/johnlamontmp)

The costs of this publication have been met out of parliamentary resources



CHRISTINE GRAHAME MSP

Advice Surgeries:

GALASHIELS

1st Monday of the month

12:00 - 13:00 in ASDA

3rd Friday of the month

11:00 - 12:00 in TESCO

My regular in-person surgeries run on a drop-in basis ([excluding parliamentary recess](#)) for any constituents who wish to raise an issue with me.

Private appointments can be made by contacting my office directly.

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Constituency Office: 6 High Street, Galashiels, TD1 1SD
Tel: 0797 659 6245

Email: christine.grahame.msp@parliament.scot

Website: www.christinegrahame.com



Great Big Green Week in Stow

Green Stow joined forces with Great Big Green Week by hosting a variety of events in June. It was a brilliant start to events at the Community Garden Open Day. I have no doubt everybody learnt something new, whether through seeing Sandy's moths, swapping plants, upcycling everyday waste into garden items, or having a chat with the Wooplaw green woodworkers (pictured above).



Our second event was the latest in our series of workshops on home energy, where Colin Hood and Andy Maybury shared the innovative ways in which they have made their homes more efficient and sustainable. Thank you, Colin and Andy! We look forward to hearing from you again at our next event (see Green Stow Facebook for details). www.homeenergyscotland.org/

Thanks also go out to Weigh Greener from Lauder, who hosted a fabulous green cleaning workshop where participants learnt to create natural cleaning products that can help save the planet without costing the Earth. <https://socialenterprise.scot/member/weigh-greener-cic/>

The cycle repair sessions at the Stow Cycle Hub, reminded us that going by bike is more sustainable, and healthier too! The Sunday cycles they host are great fun, good for building confidence, and open to everyone - why not come along and try out an E-bike!



Friday was all about finding a bit of inspiration through our screening of the environmental film 'Tomorrow' at the Station House. Witnessing how local communities can come together inspired a real sense of possibility on how we can protect and improve the precious Borders countryside in which we live.

The week ended with a trip to Wooplaw - a wonderful wood for a wander! There we were treated to a guided walk during which we heard about some of their exciting plans for the future. <https://wooplaw.org/>

All in all, it was a great week, and we can't wait to do it again next year! We hope that everyone involved learnt something new, felt empowered about making a positive difference, and, most importantly, had fun!

Isabelle Mack & Iain Goddard

We are delighted to report that Stow Community Trust have appointed Velosolutions to design and build the Stow Pump track after a tender process earlier this year. Velosolutions are industry leaders in pump track design and build and their pump tracks can be found across the world as well as closer to home in Hawick, Ormiston and at the Skelf in Edinburgh.



Stow Pump Track update



The final track design will be remodelled to check for impact on flood risk.

The pump track has been funded by SportScotland's Cycling Facilities Fund, the two local wind farm funds EDF Longpark Community Fund (Foundation Scotland) and SSE Toddleburn Community Fund and SBC's Place Based Investment Fund. The Cycling Facilities Fund (partnership between Scottish Cycling and SportScotland) is a legacy fund for the Cycling World Championships that took place in Scotland in August this year. The Scottish Borders hosted the Mountain Bike Cross Country World Championships at Glentress, Peebles, which was inspiring to watch. The UCI, the Union Cycliste

Internationale, cycling's world governing body, recently awarded the South of Scotland Cycling Partnership a UCI Bike Region Label in recognition of its commitment to both elite cycling competition and cycling for all. We are the first region in Scotland to be awarded this label.

Pump tracks are both playgrounds and training facilities for bikers, skateboarders or scooter riders of all skill levels.

Stow Pump Track will be suitable for all ages and we will support people to develop skills through coaching. Earlier in the year, Live Borders cycling coach Trevor Bryant supported us to put on a challenge event for children from P1 to S3 to see how many laps they could complete on a course made on the site. Stow Cycle Hub provided bike checks and repairs ahead of the event. It was great to see so many determined children riding bikes. We are looking forward to seeing the smiles when they have a pump track to ride!

We are looking for volunteers to support the running of a club for the pump track - please get in touch with us via www.facebook.com/stowpumptrack or email stowpumptrack@gmail.com



Photo: Velosolutions

Stow Kids Club is open to all children aged between 4 and 11 years old. Our philosophy is to offer children a safe and fun environment where they can chill out after a hard day's work at the school. We are based inside Stow Primary School so your children can come to us at the end of their school day. We try to spend as much time as possible outdoors. We are flexible, you can book pending availability, at short notice, just email us or leave a message with the school.

Opening Hours (during term time): Mon-Thurs 3:15pm - 6:15pm. The club accepts both Tax-Free Childcare and most Childcare Vouchers for payment.

Staff Members: Andrea Carlino (Manager), Janice Currie



STOW
kids club

Stow Kids Club welcomes volunteers, in particular young people wanting to do work experience for the Duke of Edinburgh award or to help to gain paid part-time employment. If you are interested, please get in touch (contact details below).

Member rate - term time: Registration Fee (due annually) - £15.00
Mon-Thurs sessions, £9.50 per child;

£19.00 two children; £26.00 for three children in the same family

To qualify for member rates, you must commit to attend at least twice per term.

Non-member rates - term time

Mon-Thurs sessions: £13.00 per child; £26.00 two children; £39.00 three children in same family.

STOW COMMUNITY GARDEN

The Community Garden Tea Party on June the 11th was a complete success to rival the Royal Chelsea Flower Show, just better organised! A big thank you to those who organised it and took part with plants, cakes and activities.

We still have half barrels and raised beds ready to be adopted to grow vegetables, flowers and herbs. Don't be shy, give it a try, help is always at hand. Young Louis has successfully grown his own spectacular flowers. Well done Louis!!


We meet every Sunday from 11am at the garden in Mill Road/Mill Court. There are also three raised beds for people to grow and harvest their own crops. Compost is available thanks to

Gillian Ramm, our compost queen. Help is always at hand if you are new to gardening. Just ask, don't be shy, give it a try.

The community garden might look messy at times but our ethos is to cultivate a nature friendly place, free from pesticides and herbicides. It does require work to maintain any help is hugely appreciated. If you can spare a little bit of time, please join us most Sundays or indeed whenever you are able, removing weeds and clearing around shrubs and trees.

For more information, please contact Andrea at andrea.carlino@yahoo.co.uk or on **01578 730763**. You can also join our Whatsapp group, **Stow Community Garden**.

Donations of plants, saplings, tools and seeds are always appreciated.

 **SORRY!** Due to pressure of space our usual backpage 'Spotlight on...' item will now feature in the next issue.



DATES FOR YOUR DIARY: Sept/Oct/Nov/Dec 2023

8 Sept	Lesley Riddoch - Thrive	7pm	Stow Church
16 Sept	Way Makers - Kerri Andrews in Conversation	7-8.30pm	Stow Station House
19 Sept	Craft and Chat - visit by Susie Finlayson bringing a new panel for The Great Tapestry of Scotland	2-4pm	Stow Station House
20 Sept	SWI - Floral Art Demonstration by Alison Blackadder	7.30pm	Fountainhall Village Hall
28 Sept	Fountainhall Village Hall AGM	7.30	Fountainhall Village Hall
29 Sept	Jazz in the village (see flyer)	7.30 for 8pm	Fountainhall Village Hall
30 Sept	Cloud9 - soul, funk, lounge, groove	7-11pm	Cloudhouse Cafe
1 Oct	Stow Folk Club	3-6pm	Stow Station House
2 Oct	Parish of Stow Community Council Meeting	7.30pm	Stow Station House
3 Oct	GWHHA Archive Cafe Session	10.30am	Cloudhouse Cafe
3 Oct	Craft and Chat	2-4pm	Stow Station House
6 Oct	GWHHA Friends event & exhibition	7-9pm	Stow Town Hall
6 Oct	Pub Night	From 7pm	Fountainhall Village Hall
7 Oct	GWHHA Annual Exhibition, A New King: A New Era, the Gala Water from 1901	1.30-3.30pm	Stow Town Hall
17 Oct	Craft and Chat	2-4pm	Stow Station House
18 Oct	SWI - Christmas Craft Workshop with Rosie Carmichael	7.30pm	Fountainhall Village Hall
28 Oct	Children's Halloween Party	3-5pm	Fountainhall Village Hall
30 Oct	Cloud9 - soul, funk, lounge, groove	7-11pm	Cloudhouse Cafe
4 Oct	Pub Night	From 7pm	Fountainhall Village Hall
5 Nov	Stow Folk Club	3-6pm	Stow Station House
6 Nov	Parish of Stow Community Council Meeting	7.30pm	Stow Station House
7 Nov	GWHHA Archive Cafe Session	10.30am	Cloudhouse Cafe
7 Nov	Craft and Chat	2-4pm	Stow Station House
15 Nov	SWI - AGM and Arctic Odyssey by Dorothy Small	7.30pm	Fountainhall Village Hall
21 Nov	Craft and Chat	2-4pm	Stow Station House
25 Nov	Cloud9 - soul, funk, lounge, groove	7-11pm	Cloudhouse Cafe
3 Dec	Stow Folk Club	3-6pm	Stow Station House
4 Dec	Parish of Stow Community Council Meeting	7.30pm	Stow Station House
5 Dec	GWHHA Archive Cafe Session	10.30am	Cloudhouse Cafe
5 Dec	Craft and Chat	2pm	Station House, Stow
10 Dec	Galawater Singers Christmas Concert	tbc	
12 Dec	Galawater Singers Carol singing around Stow	tbc	Stow

To be included in next issue's 'Dates for your Diary' contact galawaternewsletter@gmail.com at least 1 month prior to print. Don't forget to check the up-to-date events calendar on the Stow Community Trust website for weekly Yoga, Book Club and Cycle Rides. <https://stowhub.co.uk/events/>

FOUNTAINHALL VILLAGE HALL



The treasurer of Fountainhall Village Hall is resigning from her position for personal reasons. We would like to thank Erna for everything she has done. We are now urgently looking for a new Treasurer who will be elected at the Fountainhall Village Hall AGM on Thursday 28th September.

Hall Committee Members are local residents and are involved in all aspects of Hall maintenance – both repairs and improvements. We organise lets and make sure that the Hall functions smoothly in every way for the Community. We also run events. The current Treasurer will show the new Treasurer all the ropes and the other office bearers (Chairperson and Secretary), as well as the rest of the Committee will give help and support. The Treasurer is crucial to keeping the Village Hall running for the community. This is a great opportunity to give something back and make friends locally. If anyone is interested in taking on the role, please get in touch.

With Autumn and Winter approaching, we are planning events. Members of the community are very welcome to organise activities and events and do not need to be members of the Hall Committee to do so. We'll help anyone who wishes to take part and are always interested in getting ideas. Volunteers who would occasionally man the bar on pub nights are also welcomed!

For more information please contact: Jenny Mushlin, Secretary. Email: jjmushlin@gmail.com Tel: **01578 760297**

New Age Kurling – Tuesday mornings – 9.15am – 11.15am. – Fountainhall Village Hall. Further details from **01578 760392**

The Village Hall is owned and run by the Fountainhall Community. Please support your community. Charity No SCO 23124